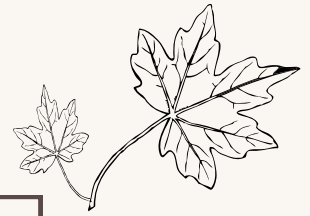


Recipe card



NAME OF DISH

Apple Salad with Maple-Mustard Dressing

CATEGORY
Salad

PREP TIME
15 minutes

COOK TIME
-

INGREDIENTS

Directions

Dressing:

- 1/4 cup thawed frozen apple juice concentrate
- 2 tablespoons cider vinegar
- 2 tablespoons canola oil
- 2 tablespoons spicy brown mustard
- 2 tablespoons Pocono Mountain Original Maple Syrup
- 1/4 teaspoon salt
- 1/8 teaspoon pepper

1. In a small bowl, whisk the first seven ingredients. In a large bowl, combine salad greens, apples, onion and walnuts.
2. Drizzle with vinaigrette; toss to coat.

Salad:

- 9 cups torn mixed salad greens
- 2 large tart apples, chopped
- 1 small red onion, thinly sliced
- 1/3 cup chopped walnuts, toasted



POCONO MOUNTAIN
MAPLE

notes

Our twist on this recipe!

Try and swap our Original Syrup for our Elderberry Syrup for an extra burst of flavor!

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